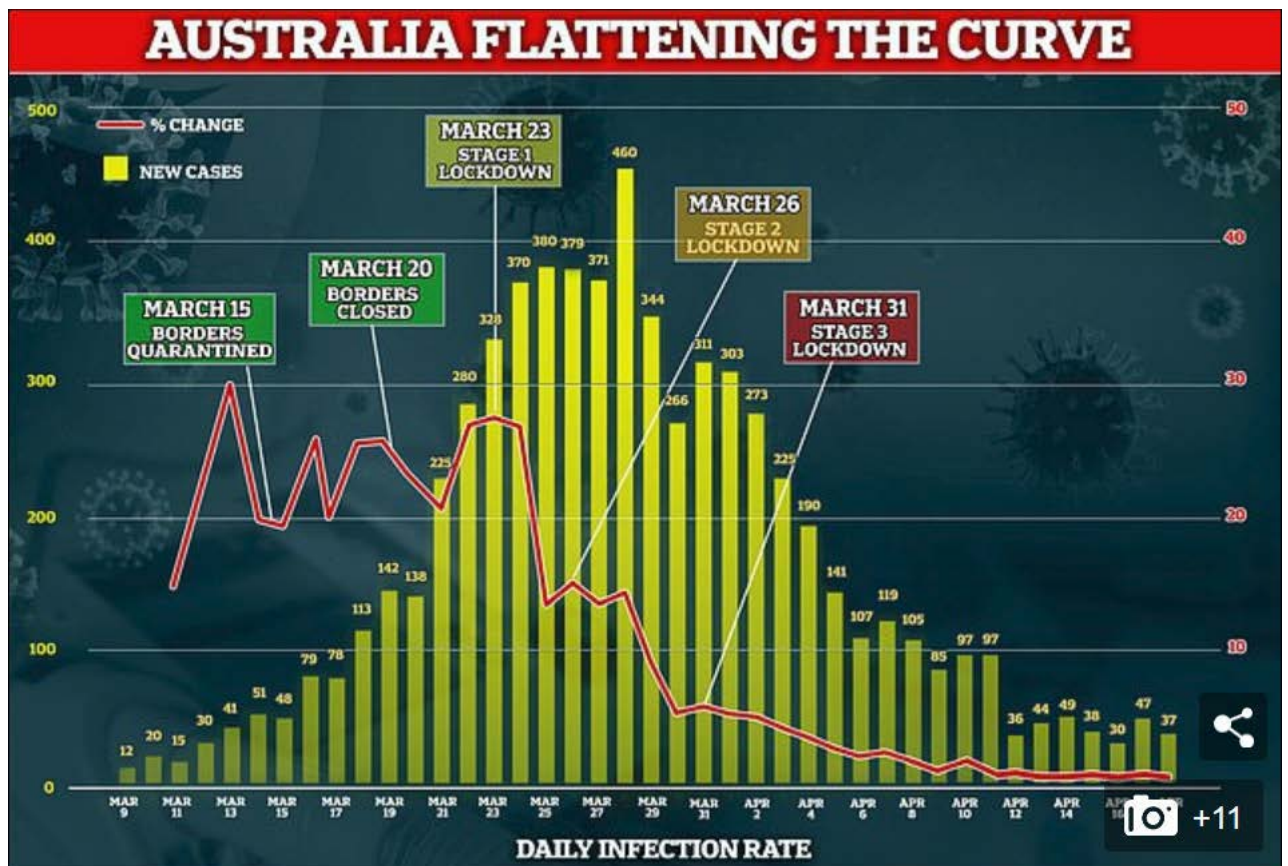


JHH UPDATE #17: COVID-19 SITUATION 22.4.2020

Dear Staff,

It has been 87 days since Australia's first case of coronavirus was confirmed. Since that time, around two thirds of Australia's cases have recovered and the rate of infection has reduced to less than 1% per day.

There has been progress on all three fronts in terms of containment, capacity and recovery.



Current Situation

As of today (22nd April 2020), JHH has 1 confirmed admitted patient with COVID-19.

Communication

Thank you to all the staff who continue to engage and participate in the staff information webinars.

A copy of today's broadcast can be found in the Gardiner Library by accessing this [link](#).

The next JHH staff information Broadcast is scheduled for **Wednesday 29.4.2020 at 10.30am**, staff can join this information session from any PC or mobile device browser by following this link: [Join the meeting](#)

Staff Wellbeing

As part of the John Hunter Hospitals commitment to supporting staff wellbeing, Clinical Psychologist Dr Ben Britton and his team are available for any type of staff support including ward debriefs. The team will be roving the hospital however can also be contacted on 67852.

As mentioned in today's broadcast, the Staff Wellbeing webinar presented by Dr Ben Britton on 9.4.2020 can be accessed [here](#)

Lisa Pollar, Senior Meditation and Registered Mindfulness Teacher is offering online courses via Insight Timer. All sessions are via the Insight Timer App available on your smart phone and include gentle yoga and mindfulness meditation. There is also an online classroom where Lisa can answer questions with audio so there is an ongoing dialogue to support staff.

Befriending Body & Breath Through Yoga https://insighttimer.com/meditation-courses/course_befriending-body-and-breath-through-yoga

30 Days: Reducing Stress With Yoga https://insighttimer.com/meditation-courses/course_lisa-pollard-course-form

The entrance to Car Park 6 will be manned by the meet and greet staff until 8pm each weeknight with exit only from 8pm-9pm lockdown Monday – Friday.

Leanne Johnson
General Manager
Incident Controller