

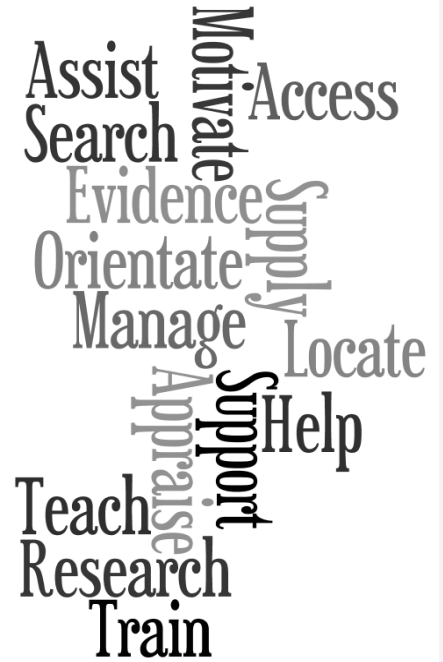


HNE HEALTH LIBRARIES

linking evidence with practice

Library Lore

The newsletter of [HNE Health Libraries](#)
Vol 18(6/7) June-July 2022



LIBRARY and INFORMATION WEEK 25–31 July 2022 “REWRITE, RENEW, REIMAGINE” with HNE HEALTH LIBRARIES

This week will see the final closure of the library at the JHH (in its current form/location) to make way for the development of the Health Innovation Living Lab (HILL). While this feels enormous – the Library service has undergone many re-developments since its inception as the Gardiner Library, a single branch service commissioned in 1980/81 at the Royal Newcastle Hospital. Since that time the Library and its team of skilled, qualified staff have delivered uninterrupted library services to health service staff.

And we will continue to do so... During the building redevelopment period, the library has been allotted a room in the RNC. While the space is much smaller, you will have access to PCs and desk space, and Library staff will be available to assist you access the services and resources you need. Lookout for the Library banner in the area adjacent to the RNC coffee shop.

NEW LIBRARY SPACE IN THE RNC

Library staff will remain on-site daily at the Mater and Tamworth to assist you, and provide access to both print and electronic resources, PCs and work spaces. And when the JHH redevelopment is complete—Library staff will also occupy a space within the HILL.

No matter your location within HNELHD, you can access the Library’s resources and services [via the Library website](#) – where you will find [access to the catalogue](#) and quick access to a [range of information resources](#), [recorded education](#) and [training](#) as well as access to services like [literature searching](#), [training requests](#) and [document supply](#).

You can still contact us [via email](#), or phone (see page 4 for complete contact details) – and we can support your research, education and training needs via Teams or Zoom.

We’re still here and look forward to continuing to provide your health information needs as we **rewrite, renew and reimagine the future direction of HNE Health Libraries.**

WELCOME TO LIBCHAT!

We recently introduced a new “chat” feature to [the Library website](#) to help you contact us directly during business hours.

Feel free to use it for any of your library-related questions: opening hours, location details, renewing books, “how do I..?”

Library staff are ready to offer support.

Welcome to LibChat!

Name (blank=anonymous)

Start Chat

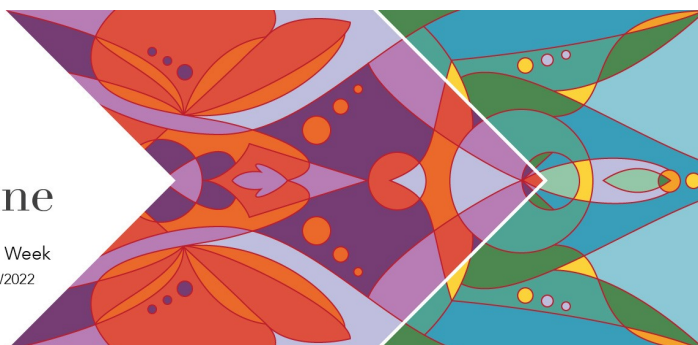
NEW EBOOKS NOW AVAILABLE

In order to meet the needs of all Library users throughout Hunter New England—whether they have a local onsite branch or not—we’re transitioning away from print towards ebooks.

All our ebook titles are listed on the [Library catalogue](#) – so they will appear in your keyword/author/title searches. Look for the words: “View full text for HNE Health only” to ensure you have the right title. They are also available via the ‘Ebooks’ link (under “Quick links”) on the [library website](#).

Rewrite
Renew
Reimagine

Library & Information Week
25–31 July 2022 #LIW2022



REVIEW: OPTIMISING the management of CHILDREN with CONCOMITANT BLADDER DYSFUNCTION and BEHAVIOURAL DISORDERS

This review identifies useful factors that may assist clinicians with predicting unintended bladder effects following initiation of behavioural pharmacotherapy, to facilitate the best approach to the treatment of bladder dysfunction in children with behavioural disorders. With this evidence, the authors have provided a useful decision-making algorithm to aide clinicians in the management of these dual pathologies.

JOHN HUNTER
CHILDREN'S HOSPITAL
and HNE HEALTH
LIBRARIES

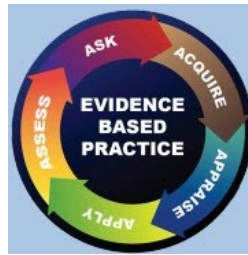
SOURCE: Dilharan Eliezer, Christopher Lam, Angela Smith, John Mithran Coomarasamy, Naeem Samnakay, Malcolm Starkey & Aniruddh Deshpande (2022) [Optimising the management of children with concomitant bladder dysfunction and behavioural disorders](#). *European child & adolescent psychiatry*, published online Jun 26. doi: 10.1007/s00787-022-02016-4

NEED HELP TO COMPLETE YOUR REVIEW?

The review above benefited from collaboration with HNE Health Libraries Acting Manager—and dedicated senior research librarian—Angela Smith. If you would like assistance with your review, [please contact us for more information...](#)

You can access a range of [research education](#) opportunities and [training resources](#) via the Library website.

Angela also collaborated on this recent review by local authors: Madeleine Hinwood, Marina Ilicic, Prajwal Gyawali, Kirsten Coupland, Murielle Kluge, Angela Smith, Sue Bowden, Michael Nilsson & Frederick Rohan Walker (2022) [Psychological stress management and stress reduction strategies for stroke survivors: a scoping review](#). *Annals of behavioral medicine*, published online Jun 11. doi: 10.1093/abm/kaacoo2



LOCAL RESEARCH



SAFWARDS: INTEGRATIVE REVIEW of LITERATURE within INPATIENT and FORENSIC MENTAL HEALTH units

Mental health inpatient units are complex and challenging environments for care and treatment. Two imperatives in these settings are to minimize restrictive practices such as seclusion and restraint and to provide recovery-oriented care. Safewards is a model and set of ten interventions that aim to improve safety by understanding the relationship between conflict and containment as a means of reducing restrictive practices. This review by local authors, synthesizes current knowledge and understanding about Safewards within inpatient and forensic mental health units, in terms of implementation, acceptability, effectiveness and impact on consumer safety.

SOURCE: Antony Mullen, Graeme Browne, Bridget Hamilton, Stephanie Skinner & Brenda Happell (2022) *Safewards: an integrative review of the literature within inpatient and forensic mental health units*. *International journal of mental health nursing*, published online Apr 2. doi: 10.1111/inm.13001
Available via CIAP—Easy access using Library membership

TRAUMA—INFORMED CARE

Trauma-informed care is an approach to mental health service delivery based on an understanding of the ways trauma affects people's lives, their service needs and service usage. It changes the question from 'what is wrong with you?' to 'what has happened to you?'



Find out more from the [Agency for Clinical Innovation...](#)

NEW EBOOKS

Check [New Resources](#) for a list of our latest ebook purchases. We hope to provide access to many more e-books throughout 2022 and into the future. [Please let us know if you have title suggestions...](#)

Access to ebooks while onsite within HNEH is as easy as clicking a link. Remote access is available to HNEH Libraries members using their username (same as membership no.) / password.

[I can't remember either of them!](#)

If you're not yet a library member?

[Fill in the online form...](#)

USING PUBMED in EVIDENCE BASED PRACTICE

This course from the [National Library of Medicine \(US\)](#) shows how to use their freely available tool, [PubMed](#) to both frame and search clinical questions, to achieve optimal search results. The course includes: scenarios and 'try-it' exercises.



ALSO: [PubMed online training](#) – Learn to build a search strategy using MeSH (Medical Subject Headings), utilise tools to manage results, save records and search strategies, find 'Quick tours', tutorials, recordings, handouts...

PEOPLE with DISABILITY in AUSTRALIA 2022



Around 1 in 6 (18%) people in Australia have disability. Discover the latest data in this updated [report from the AIHW](#). The update includes a chapter about the experiences of people with disability during the COVID-19 pandemic, and new data about personal life, social inclusion and finances of people with disability have been added to the existing chapters.

A history of TRANS HEALTH care in AUSTRALIA

[This report](#)

by Professor Noah Riseman, for the Australian Professional

Association for Trans Health (AusPATH) - May 2022, provides an overview of the history of medical discourse and trans health care in Australia. Knowing about this history is vital to inform ongoing development and implementation of affirming care with/for trans and gender diverse people.





MEDITATION for SURGEONS

Meditation and mindfulness are positively associated with better mental

health and performance in different types of workers and professionals needing high levels of concentration. The aim of this study was to systematically review the available evidence about meditation's effects on surgeons.

SOURCE: Capodici, A. et al. (2022) [Effects of meditation for surgeons: a systematic review of the scientific literature](#). *Annals of surgery*, 275(6), 1074–1077

WATCH: [Meditation sessions for HNE staff](#)

COLLABORATIVE MODEL aligning ADULT SEXUAL HEALTH and ENDOCRINE GENDER HEALTH services

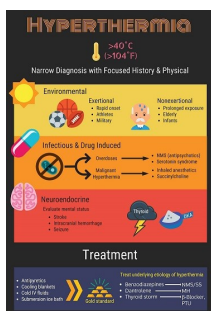
The HNE endocrinology and sexual health service commenced a co-located gender community clinic in 2018. This paper describes this novel model of service delivery, including the socio-demographics, clinical characteristics, and STI screening rates of trans and gender diverse adults attending for gender-affirming hormone treatment.

LOCAL RESEARCH

SOURCE: Sally Woodward, Judy Luu, Joanna Mesure & Katie Wynne (2022) [A collaborative model aligning adult sexual health and endocrine gender health services](#). *Sexual health*, published online Jul 12. doi:10.1071/SH22027

READ: [A guide to transgender health: state-of-the-art information for gender-affirming people and their supporters](#) / Rachel Heath & Katie Wynne (2019)

NEW to CIAP: INFOGRAPHIC guide to INTERNAL MEDICINE



Build your understanding and retention of key medical concepts for exam and performance success with [The Infographic Guide to Internal Medicine](#). This

collection—available via CIAP—contains over 600 infographics with top diagnoses, that are also aligned with USMLE Steps 1 and 2, condensed into a one-page, easy-to-remember snapshot.



We need to BRACE for a TSUNAMI of LONG COVID. But we're NOT QUITE SURE the BEST way to TREAT it

Australia's Omicron wave earlier this year was much larger than we thought, recent research has confirmed. We also heard Health Minister Mark Butler acknowledge Australia can expect a "very big wave" of people with long COVID over the next few years. Doctors and researchers have been warning about the growing threat of long COVID, as restrictions ease and case numbers climb. So we need to take an urgent look at how we manage and treat it.

[Find out more about long COVID from the Conversation...](#) – What is it? Who's more likely to get it? How is it treated? and What's in the future? – written by Peter Wark, Senior Staff Specialist in Respiratory and Sleep Medicine at John Hunter Hospital.

[See all of his articles from the Conversation...](#)

EFFECTIVENESS of SMOKING CESSATION interventions in RURAL and REMOTE populations

Rural and remote residents are more likely to smoke tobacco than those in major cities. However, they may experience unique systemic, provider, and individual barriers to accessing smoking cessation treatments, including distance and limited resources. Understanding the effectiveness of smoking cessation interventions in this population is important due to higher smoking-related disease burden and death compared to those in major cities.



SOURCE: Lucille Vance, Brittany Glanville, Kaushik Ramkumar, Jessica Chambers & Flora Tzelepis (2022) [The effectiveness of smoking cessation interventions in rural and remote populations: systematic review and meta-analyses](#). *International journal on drug policy*, 106, 103775

EFFECTIVENESS of INDIGENOUS INVOLVEMENT and CONTENT in MENTAL HEALTH INTERVENTIONS

To assess the effects of psychological, psychosocial, educational and alternative interventions on mental health outcomes of Indigenous adult populations in Australia, Canada, New Zealand and the US, including the Indigenous involvement and content in each study.

SOURCE: Lee, R. et al. (2022) Systematic review of Indigenous involvement and content in mental health interventions and their effectiveness for Indigenous populations. *ANZ journal of psychiatry*, published online Apr 5. doi.org/10.1177/00048674221089837

Available via CIAP—[Easy access using Library membership](#)

SUGGESTIONS PLEASE...



The staff of HNE Health Libraries value your input. If you have ideas for topics, suggestions for improvement or feedback, we'd love to hear from you. Please [email us](#).

CLIMATE-related MENTAL HEALTH burden in AUSTRALIA

This study aimed to understand the impact of climate change on mental health in the Australian population and identify populations who are most at risk of climate-related mental health burden.

SOURCE: Patrick, R. et al. (2022) [Prevalence and determinants of mental health related to climate change in Australia](#). *ANZ journal of psychiatry*, published online Jul 2. doi: 10.1177/00048674221107872

Does ALCOHOLICS ANONYMOUS actually work?



Alcoholics and narcotics anonymous are 12-step peer support groups where people who have alcohol or other drug problems are supported by others who have had similar problems, rather than professionals. They are called 12-step programs because there are 12 steps members are expected to work through. But do they really work?

[Find out more in The Conversation...](#)



The MORACS RCT

This cluster randomized clinical trial conducted within HNELHD, included 29 rural hospital emergency departments with no emergency medicine specialists. The findings indicate that

the MORACS diagnostic support service reduced the proportion of missed STEMI and improved the rates of primary reperfusion therapy. Accurate diagnosis of STEMI was associated with lower mortality.

SOURCE: Fiona Dee, Lindsay Savage, James Leitch, Nicholas Collins, Conrad Loten, Peter Fletcher, John French, Natasha Weaver, Olivia Watson, Helen Orvad, Kerry Inder, Dawn McIvor, Trent Williams, Allan Davies, John Attia, John Wiggers, Aaron Sverdlov & Andrew Boyle (2022) [Management of acute coronary syndromes in patients in rural Australia: the MORACS randomized clinical trial](#). *JAMA cardiology*, 7(7), 690–698

LOCAL RESEARCH

Mohammad Hamiduzzaman, Kyle O'Donohue & Arron Veltre (2022) [Why aren't rural family caregivers receiving appropriate bereavement support in Australia? Practical considerations for palliative care settings](#). *Bereavement*, 1

Melissa Stieler, Peter Pockney, Cassidy Campbell, Vaisnavi Thirugnanasundralingam, Lachlan Gan, Matthew Spittal & Gregory Carter (2022) [Somatoc symptom severity association with healthcare utilization and costs in surgical inpatients with an episode of abdominal pain](#). *BJS open*, 6(4), zraco46

Amy Waller, Jamie Bryant, Alison Bowman, Ben White, Lindy Willmott, Robert Pickles, Carolyn Hullick, Emma Price, Anne Knight, Mary-Ann Ryall, Mathew Clapham & Rob Sanson-Fisher (2022) [Junior medical doctors' decision making when using advance care directives to guide treatment for people with dementia: a cross-sectional vignette study](#). *BMC medical ethics*, 23(1), 73

Alexandra Marlow, Bruce King, Helen Phelan & Carmel Smart (2022) [Adolescents with type 1 diabetes can achieve glycemic targets on intensive insulin therapy without excessive weight gain](#). *Endocrinology, diabetes & metabolism*, 5(4), e352

Lucy Kocanda, Tracy Schumacher, Ronald Plotnikoff, Megan Whatnall, Matthew Fenwick, Leanne Brown, Megan Rollo, Anna Jansson, Tracy Burrows, Mitch Duncan, Ben Britton, Jennifer May, Jane Kerr, Julie Rutherford, Andrew Boyle, Kerry Inder & Clare Collins (2022) [Effectiveness and reporting of nutrition interventions in cardiac rehabilitation programmes: a systematic review](#). *European journal of cardiovascular nursing*, published online Jun 8. doi: 10.1093/eurjcn/zvac033

John Attia, Elizabeth Holliday & Christopher Oldmeadow (2022) [A proposal for capturing interaction and effect modification using DAGs](#). *International journal of epidemiology*, published online Jun 13. doi: 10.1093/ije/dyac126

Jessica Ingram, Bronte Lyford, Amanda McAtamney & Sally Fitzpatrick (2022) [Preventing suicide in refugees and asylum seekers: a rapid literature review examining the role of suicide prevention training for health and support staff](#). *International journal of mental health systems*, published online May 14. doi: 10.1186/s13033-022-00534-x

Tania Day, James Scurry, Gholamreza Haqshenas, Gerald Murray, Hong Tran, Graeme Dennerstein & Suzanne Garland (2022) [The clinicopathologic challenge of nonneoplastic vulvar acanthosis](#). *Journal of lower genital tract disease*, 26(3), 265–270

Mohammed Al-Omary, Tazeen Majeed, Hafssa Al-Khalil, Stuart Sugito, Mathew Clapham, Doan T M Ngo, John Attia, Andrew Boyle & Aaron Sverdlov (2022) [Patient characteristics, short-term and long-term outcomes after incident heart failure admissions in a regional Australian setting](#). *Open heart*, 9(1), e001897

Casey Regan, Caitlin Fehily, Elizabeth Campbell, Jenny Bowman, Jack Faulkner, Christopher Oldmeadow & Kate Bartlem (2022) [Clustering of chronic disease risks among people accessing community mental health services](#). *Preventive medicine reports*, 28, 101870

Sunita Rebecca Healey, Nafiseh Ghafournia, Katarzyna Bolsewicz, Karinne Andrich & Peter Massey (2022) [The role of leadership among a Congolese community in Australia in response to the COVID-19 pandemic: a narrative study](#). *Western Pacific surveillance and response journal*, 13(2)

Nafiseh Ghafournia & Sunita Rebecca Healey (2022) [Identifying domestic violence and sexual assault presentations at a regional Australian hospital emergency department: Comparative analysis of domestic violence and sexual assault cases](#). *Women's health*, 18, 17455057221103992

NEW LOGIN option for CIAP personal PROFILE

You can now use your Stafflink ID to access your personal profile on CIAP.

This lets you:

- Bookmark your favourite resources
- Create table of contents alerts for journals
- Save search strategies and receive email updates
- Access LHD and CIAP content in one area



Check out the [video tutorial](#) or [instruction sheet](#) to find out more...



HNE HEALTH LIBRARIES CAN...

- Help you ask the right questions
- Assist you in selecting the right sources of evidence
- Teach you how to effectively use a range of databases and other evidence-based resources
- Explain how to identify and critically appraise evidence

CHECK [OPENING HOURS](#)

SEARCH [THE CATALOGUE](#)

RENEW [YOUR LOANS](#)

VIEW RECENT [HNE HEALTH PUBLICATIONS](#)

While you can no longer visit us in person at many HNE Health sites, access to library services and resources are still available—via phone, email or by [visiting the website](#). We can also support your research, education and training needs via Teams or Zoom.

CONTACT DETAILS:

TAMWORTH

UDRH Education Centre
Tamworth Hospital

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E-mail: HNELHD-TamworthLib@health.nsw.gov.au

THE MATER

Level 4, Mental Health Admin Building,
The Mater Hospital, Waratah

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