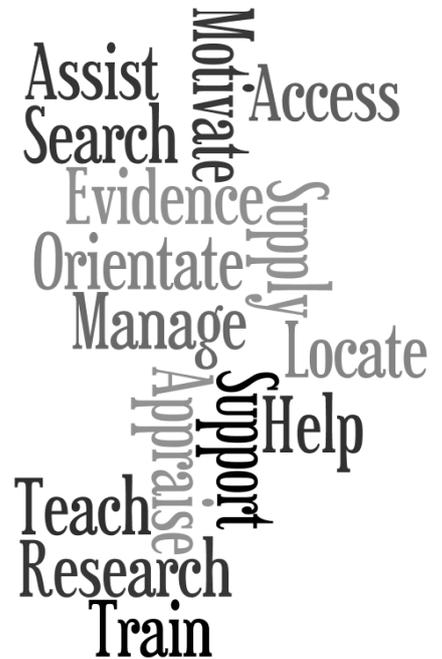




HNE HEALTH LIBRARIES

linking evidence with practice



Library Lore

The newsletter of [HNE Health Libraries](#)
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STAHL ONLINE and STOCKLEY'S DRUG INTERACTIONS



The Library Service recently renewed subscriptions to these well-loved online resources: 'Stahl online' and 'Stockley's Drug Interactions'.

STAHL ONLINE is comprehensive and regularly updated, providing full access to the entire current Cambridge portfolio of neuropsychopharmacology books by Stephen Stahl.



COMMUNITY REINTEGRATION of LONG-STAY hospitalised MENTAL HEALTH consumers during the COVID-19 pandemic

This recent article describes an innovative discharge process from an extended-stay, hospital-based psychiatric rehabilitation program that overcame COVID-19 pandemic-related restrictions. The usual graded, slow discharge process was replaced with a one-stage, full-time transition that facilitated the discharge of 16 adult consumers. No adverse mental health outcomes occurred during the process.

SOURCE: Srinivasan Tirupati, Karen Webster & Kylie Gifford (2021) Community reintegration of long-stay hospitalised mental health consumers during COVID-19 pandemic. [Australian social work](#), published online Oct 13. doi: 10.1080/0312407X.2021.1980596 *Available via CIAP*



SRINIVASAN TIRUPATI
SENIOR STAFF SPECIALIST
PRS—MORISSET HOSPITAL

BY THE SAME AUTHOR: Srinivasan Tirupati, Omkar Nagesh & Sachal Gulati (2020) Benign ethnic neutropenia and clozapine treatment protocol in Australia. [ANZ journal of psychiatry](#), 54(2), 210-211

Available via CIAP – one click access using Library membership

Srinivasan Tirupati & Ramachandran Padmavati (2020) Schizophrenia, recovery and the individual-cultural considerations. [Australasian psychiatry](#), 28(2), 190-192

Available via CIAP – one click access using Library membership

Srinivasan Tirupati & Tracy Gordon (2021) Continuation of treatment with clozapine following an episode of neutropenia. [Journal of clinical psychopharmacology](#), 41(3), 320-322

Available via CIAP – one click access using Library membership

Srinivasan Tirupati, Ramachandran Padmavati, Shuba Kumar & Rani Mohanraj (2021) [Cross-cultural study of recovery in people with schizophrenia: methodology](#). [Journal of psychosocial rehabilitation and mental health](#), published online Aug 24. doi: 10.1007/s40737-021-00234-8

Srinivasan Tirupati (2021) The risk for Torsades de Pointes and polypharmacy in schizophrenia. [Schizophrenia research](#), 228, 239-240
Contact HNEH Libraries to access full-text

STOCKLEY'S

DRUG INTERACTIONS is the most authoritative international source of drug interaction information. Based upon the many thousands of published clinical papers and reports, it provides a series of detailed, yet concise, monographs designed for quick and easy reference. Each monograph contains a summary, clinical evidence for the interaction under discussion, its probable mechanism, clinical importance, and management.

Both resources can be located via the ['Resources' page](#) of the Library website – just scroll down to 'S'. Access is available from a work location only, we don't have remote access.

While you're on the 'Online resources' page – have a look at all the options available to you...

We have also created direct links to both resources from the [Library home page](#).

Renewed resources

- [Stahl online](#)
- [Stockley's Drug Interactions](#)

Dr Tirupati recently presented at Psychiatry Grand Rounds with the Clinical Director from PRS (Dr Leesa Brown). The presentation "Please, sir, I want more": Polypharmacy – Twist or Tweak? was recorded and is [now available to view on the Library website](#).



COPM as routine practice in COMMUNITY REHABILITATION

A retrospective chart review of admission and discharge data from 2011-2019, found that irrespective of patient-related factors and regardless of age, gender, health condition or discharge plan, the majority of patients reported a positive functional outcome in COPM performance and satisfaction as a result of time spent in a local interdisciplinary, community-based rehabilitation service.

WESTLAKES COMMUNITY REHABILITATION TEAM, TORONTO

SOURCE: Glade Vyslysel, Daniel Barker & Isobel Hubbard (2021) [The Canadian Occupational Performance Measure \(COPM\) as routine practice in community-based rehabilitation: a retrospective chart review](#). *Archives of rehabilitation research and clinical translation*, 3(3), 100134

INDWELLING URINARY CATHETERS in AUSTRALIAN hospitals: COST-EFFECTIVENESS of a multifaceted NURSE-LED intervention



Urinary catheters are useful among hospital patients for allowing urinary flows and preparing patients for surgery. However, urinary infections associated with catheters cause significant patient discomfort and burden hospital resources. A nurse led intervention aiming to reduce inpatient catheterisation rates was trialled among adult overnight patients in four NSW hospitals. It included: 'train-the trainer' workshops, site champions, compliance audits and promotional materials. Analysis showed that the association between the intervention and changes in catheterisation rates was not statistically significant. However, the intervention resulted in statistically significant reductions for subgroups including among short-term catheterisations and female patients.

SOURCE: Rod Ling, Michelle Giles & Andrew Searles (2021) [Administration of indwelling urinary catheters in four Australian Hospitals: cost-effectiveness analysis of a multifaceted nurse-led intervention](#). *BMC health services research*, 21(1), 897

REVIEW: PHYSICAL COMORBIDITIES and their relationship with CANCER TREATMENT and its OUTCOMES in OLDER ADULT populations

This systematic review concludes there is evidence to substantiate the adverse effect of comorbidity on treatment and survival outcomes. However, the mechanism by which comorbidity impedes or impacts treatment is unknown in many cases. Some low-quality evidence is available for considering the functional status and biological age in treatment decisions.

NORTH WEST CANCER CENTRE, TAMWORTH HOSPITAL

SOURCE: Mathew George, Alexandra Smith, Sabe Sabesan & Geetha Ranmuthugala (2021) [Physical comorbidities and their relationship with cancer treatment and its outcomes in older adult populations](#). *JMIR cancer*, 7(4), e26425



COMBINING FIRST NATIONS RESEARCH METHODS with a WHO guide to understand LOW CHILDHOOD IMMUNISATION in TAMWORTH

This qualitative study was led by First Nations researchers using a strength-based approach. Themes that emerged included: cultural safety in immunisation services provides a supportive place for families; service access could be improved by removing physical and cost barriers; positive stories promote immunisation confidence among parents; and immunisation data can be used to increase coverage rates for First Nations children. Knowledge of these factors and their impact on families helps ensure services are flexible and culturally safe.

SOURCE: Susan Thomas, Natalie Allan, Paula Taylor, Carla McGrady, Kasia Bolsewicz, Fakhrul Islam, Patrick Cashman, David Durrheim & Amy Creighton (2021) [Combining First Nations research methods with a World Health Organization guide to understand low childhood immunisation coverage in children in Tamworth, Australia](#). *International indigenous policy journal*, 12(2)

POPULATION HEALTH, and HEALTH PROTECTION

AT MY OWN SPACE, PACE and PLACE

Telehealth overcomes geographical barriers, so is a promising approach to support people with chronic musculoskeletal pain to self-manage. The aim of this review was to synthesize the perceptions of patients in engaging in interventions delivered using telehealth. Understanding patient perspectives will identify practical challenges to delivering self-management strategies via telehealth.

LOCAL RESEARCH

SOURCE: Fernandes, L. et al. (2021) [At my own space, pace and place](#). *Pain*, published online Jun 14. doi: 10.1097/j.pain.0000000000002364

REVIEW: HOW do LIPIDS influence risk of VIOLENCE, SELF-HARM and SUICIDALITY in people with PSYCHOSIS

Low cholesterol has been linked with violent and suicidal behaviour in people with schizophrenia. This association, if consistently present, may be a promising biological marker that could assist clinicians in decision making regarding risk and treatment. The authors conducted a review to assess whether there is a reliable association between lipid profile (total cholesterol, high- and low-density lipoprotein cholesterol, and triglycerides) and aggression, self-harm or suicide in people with schizophrenia, and whether effects are similar in males and females.

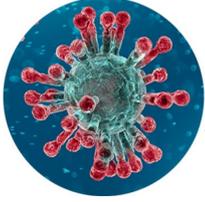


SOURCE: Sen, P. et al. (2021) [How do lipids influence risk of violence, self-harm and suicidality in people with psychosis? A systematic review](#). *ANZ journal of psychiatry*, published online Jul 9. doi: 10.1177/00048674211025608

RESEARCHGATE REMOVES 200,000 FILES AFTER TAKEDOWN TIDAL WAVE



The academic community platform ResearchGate has removed 200,000 files in response to a wave of copyright complaints from publishers ACS and Elsevier. The takedowns go against ResearchGate's open-access philosophy but, legally, it saw no other option than to comply. [Read more...](#)



WANT COVID INFORMATION YOU CAN TRUST?

Watch this recent Grand Rounds

presentation from HNE Health staff. It's available on the [John Hunter Medicine Grand Rounds page](#) of the library website. Scroll down to 7th October 2021:

COVID update: Infections, testing and patient and clinician wellbeing

- Testing update—Dr Aileen Oon (NSW Pathology)
- Infection prevention and control—Dr John Ferguson (Infectious Diseases)
- Looking after our patients and each other: a psychiatrist's perspective—Dr Marina Vamos (Liaison Psychiatry)

ONLINE SYSTEMATIC REVIEW COURSE (HETI)

If you're interested in learning more about systematic reviews, have a look at this [self-paced series that leads you through the systematic review process in 10 sessions](#). It covers study selection, data extraction, writing, and was created by HNE Health Libraries' Angela Smith in collaboration with Dr Kerith Duncanson from HETI. [Find out more on our website...](#)

HNE Health Librarians have contributed to many recent reviews on key health issues. We can support you in all aspects of the [evidence synthesis review process](#).

[Contact us](#) If you'd like to take full advantage of this valuable staff resource.

LOCAL RESEARCH: IMPACT of FUNCTIONAL LARYNGOSCOPY on the diagnosis of LARYNGEAL HYPERSENSITIVITY syndromes

This study demonstrates that conditions such as muscle tension dysphonia and vocal cord dysfunction cannot be diagnosed based on symptoms alone. In addition to diagnostic accuracy, functional laryngoscopy enhances treatment planning and provides immediate feedback regarding laryngeal movement during respiration and phonation.

SOURCE: Anne Vertigan, Sarah Bone & Peter Gibson (2021) The impact of functional laryngoscopy on the diagnosis of laryngeal hypersensitivity syndromes. [The journal of allergy and clinical immunology: in practice](#), published online Oct 16. doi: 0.1016/j.jaip.2021.10.017 [Contact HNE Health Libraries to access the full-text...](#)



CLINICAL CARE of CHILDREN and ADOLESCENTS with COVID-19: CURRENT RECOMMENDATIONS

The epidemiology and clinical manifestations of SARS-CoV-2 infection are different in children and adolescents compared with adults. Although COVID-19 appears to be less common in children, with milder disease overall, severe complications may occur, including paediatric inflammatory multisystem syndrome (PIMS-TS). Recognising the distinct needs of this population, the National COVID-19 Clinical Evidence Taskforce formed a Paediatric and Adolescent Care Panel to provide living guidelines for Australian clinicians to manage children and adolescents with COVID-19 and COVID-19 complications. [Read more in MJA Insight+...](#)

SOURCE: Fraile Navarro, D. et al. (2021) [Clinical care of children and adolescents with COVID-19: recommendations from the National COVID-19 Clinical Evidence Taskforce](#). *MJA*, published online Oct 25. doi: 10.5694/mja2.51305'

[Read the latest updates and full recommendations from the National COVID-19 Clinical Evidence Taskforce...](#)

IMPROVING PRIMARY HEALTH CARE QUALITY for REFUGEES and ASYLUM SEEKERS

This systematic review completed in collaboration with a HNE Health Librarian, highlights innovative interventions in primary care promoting refugee health. Primary care interventions mostly focused on upskilling doctors, with a paucity of research exploring the involvement of other health care members. [HNE HEALTH LIBRARIES](#)

SOURCE: Maha Iqbal, Ramesh Walpola, Ben Harris-Roxas, Jiadai Li, **Stephen Mears**, John Hall & Reema Harrison (2021) [Improving primary health care quality for refugees and asylum seekers: a systematic review of interventional approaches](#). *Health expectations*, published online Oct 15. doi: 10.1111/hex.13365

ASKING THE RIGHT QUESTION FOR THE PATIENT IN FRONT OF YOU

As a clinician, you probably don't realise you're making a multitude of small decisions throughout every patient consultation. Not just what information you need, but the decisions you make in terms of how you will ask it. Question design in medical consultations — that is, how you ask a question — is guided by three key principles: optimisation, problem attentiveness, and recipient design. [Find out more in MJA Insight+...](#)

The importance of asking the *right* question was highlighted in a recent presentation



from the 'Rural Critical Care' team—now [available on the Library website](#). See [Pathway for Acute Coronary Syndrome Assessment \(PACSA\)](#) (26 Oct). The presenter talks about how someone's "pain" might be another person's "discomfort" - and how using the *wrong* term can affect the patient's response, and ultimately their treatment.

INTERNATIONAL HTA DATABASE

The International Health Technology Assessments (HTA) database provides free access to over 18,000 records relating to ongoing and published HTAs around the world. Links to reports, authors' conclusions, project pages and/or organisation websites are provided wherever possible. It is a valuable source for identifying grey literature, and was formerly part of the suite of databases in The Cochrane Library. [Find out more...](#)



RAPID EVIDENCE REVIEW

The [Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability](#) was established in April 2019 in response to community concern about widespread reports of violence against, and neglect, abuse and exploitation of, people with disability. [This rapid review](#) examines experiential evidence, with the aim of prevention, and better support for people with disability.

Get to know ANGELA SMITH, LIAISON LIBRARIAN / RESEARCH SUPPORT – and now ACTING DISTRICT MANAGER with HNE HEALTH LIBRARIES...

Did you always want to work in a library? Not at all! I was bookish as a young person and my Mother always told me I'd make a good Librarian. Of course one always rebels against ones Mother. My career in Libraries began quite spontaneously when I was a poor Arts graduate who approached the Library Manager of what was then the Gardiner Library at the newly commissioned John Hunter Hospital to see if I could do some volunteer work. The rest is history (about 27 years of history).

Best part of the job? The wonderful people I have had the opportunity to work with. I've formed life-long relationships with the people I've worked alongside in the Library. The Library's diverse clientele inspire me with their dedication to improving the care of their patients, I'm often supporting clinician researchers who are juggling the demands of their clinical workloads, research and higher degrees with family life.

Do you have a favourite...?

Movie: *Once*, a low budget Irish film that has made it all the way to a world-wide stage show smash hit.

TV show: That's hard, *Seinfeld* and *Friends* from my younger days. More recent favourites have been *Billions*, *Succession*, *The Handmaids Tail*.

Book: Come on, I'm a Librarian and a Arts grad with an English lit major, in saying that I enjoy Australian writers, anything by Tim Winton. *Jasper Jones* by Craig Silvey is a wonderful book. I read *Boy Swallows Universe* this year by Trent Dalton and loved it.

Food/drink: Spanish tapas style. I love a G&T, a nice champagne, now the weather is warming up you can't beat a dry Rose.

Music: Bit of an 80s tragic but loving the latest release by home-grown talent *North Arm* (actually really close to home, my Brother – shameless plug!)

What do you like to do when you're not working for HNE Health Libraries? I love to exercise with my bootcamp and walking with my partner. I enjoy socialising and catching up with friends over nibbles and a few drinks, reading, travelling, going to the beach (this sounds like a Tinder profile ;)

Place/s I most enjoyed travelling to...? Locally, the family holiday shack on Port Stephens, further afield taking a van up to north coast of NSW. This year I managed to visit the south coast of NSW, gorgeous unspoilt beaches. Further afield visits to New York, Paris and the South Island of New Zealand have all been amazing. It will be wonderful to get out and travel again, even being able to leave your LGA is exciting.



NO TIME TO DIE

Global travellers, whether tourists or secret agents, are exposed to a smorgasbord of infectious agents. We hypothesised that agents pre-occupied with espionage and counterterrorism may, at their peril, fail to correctly prioritise travel medicine. To examine our hypothesis, we examined adherence to international travel advice during the 86 international journeys that James Bond was observed to undertake in feature films spanning 1962–2021. We uncovered above-average sexual activity, often without sufficient time for an exchange of sexual history, with a remarkably high mortality among Bond's sexual partners. A bout of diarrhoea would be extremely inopportune in the midst of world-saving action, so it is striking that Bond is seen washing his hands on only two occasions, despite numerous exposures to foodborne pathogens. Given the limited time Bond receives to prepare for missions, we urgently ask his employer MI6 to take its responsibility seriously. We only live once.

SOURCE: Graumans, W. et al. (2021) [No time to die: an in-depth analysis of James Bond's exposure to infectious agents](#). *Travel medicine and infectious disease*, 44: 102175



HNE HEALTH LIBRARIES CAN...

- Help you ask the right questions
- Assist you in selecting the right sources of evidence
- Teach you how to effectively use a range of databases and other evidence-based resources
- Explain how to identify and critically appraise evidence

CHECK [OPENING HOURS](#)

SEARCH [THE CATALOGUE](#)

RENEW [YOUR LOANS](#)

VIEW RECENT [HNE HEALTH PUBLICATIONS](#)

While you can no longer visit us in person at many HNE Health sites, access to library services and resources are still available—via phone, email or by [visiting the website](#). We can also support your research, education and training needs via Skype or Zoom.

The Libraries at the Mater and Tamworth are STILL OPEN for business during lock-down.

CONTACT DETAILS:

TAMWORTH

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E-mail: HNELHD-TamworthLib@health.nsw.gov.au

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JHH

(The Library is closed, but phone and email work)
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