



HNE HEALTH LIBRARIES

linking evidence with practice

Library Lore

The newsletter of [HNE Health Libraries](#)
Vol 18(11/12) November-December 2022



BEST WISHES for CHRISTMAS and
the NEW YEAR from the staff of
HNE Health Libraries (Angela, Julia,
Tony, Helen, Carolyn and Evadne)

WHY NOT add a SESSION with a HNE HEALTH LIBRARIAN to your TRAINING SCHEDULE for 2023

After another year of change for HNE Health Libraries we would like to remind all HNE Health staff that we will continue to be available to support you in 2023.

Our staff have a wealth of experience and knowledge in areas such as accessing information resources, literature searching using the databases provided via CIAP, and additional resources such as TRIP and Access Smart Search available via the HNE Health Libraries website. We can also assist with reference management using Endnote for those undertaking research projects, studying or just wanting to keep track of articles they have read.

If you are planning for 2023, why not include an information session with a HNE Health Librarian in your Training Schedule. [Arrange a session](#) tailored to your group or individual need, or give [HNE Health Libraries a call](#).

Assist
Search
Evidence
Orientate
Manage
Teach
Research
Train
Motivate
Access
Supply
Locate
Support
Help
Appraise

HNE HEALTH LIBRARIES CHRISTMAS HOURS

MATER: The Library will close at noon on Friday 23rd December and re-open at 8.30am on Monday 9th January.

TAMWORTH: The Library closed at 5pm on Friday 16th December and re-opens at 8.30am on Monday 9th January.

RR3 (RNC) at JHH: The "quiet space" will close at noon on Friday 23rd December and re-open at 8.30am on Monday 9th January.

MEDLINE MILESTONE

MEDLINE recently attained a major milestone when the 30 millionth journal citation was added to the database. This count includes citations created from the **OLDMEDLINE** project.

[This PubMed search](#) retrieves the running count for MEDLINE, which is currently over 30 million citations.

[This PubMed search](#) retrieves the running count for MEDLINE minus the OLDMEDLINE subset, which is currently over 27 million citations.



Who said searching was easy!

HNE CLINICAL and HEALTH SERVICE RESEARCH FELLOWSHIP SCHEME

The HNE Research Office is currently inviting applications from eligible HNE Healthcare Professionals and Clinician Researchers in its seventh round of the [Clinical and Health Service Research Fellowship Scheme](#).

There are TWO Fellowships on offer in this round of funding in partnership with Hunter Medical Research Institute, and John Hunter Hospital Charitable Trust. The total available funding involves provision for salary and research support costs up to \$150,000/ per year over a 3 year period to allow Fellows to engage in relevant health service/clinical research and related professional development opportunities.



Staff interested in applying for this opportunity are encouraged to [contact the HNE Research Office](#), and submit a Notification of Intent by **19 December 2022**. For more information, contact [Dr Kathryn Reilly](#) (Research Development Manager).
Applications close 28 February 2023.

APPLY NOW: 2023 HNE IMPROVEMENT GRANT PROGRAM



The [2023 HNE Improvement Grant Program](#) is now open for applications. All HNE staff can apply for funding to support implementation of evidence-based innovations to improve the health outcomes of patients and the community. In this round, funding will be available for approximately six initiatives of up to \$25,000 each, explicitly focused on the translation of existing evidence/guideline recommendations into sustainable routine care delivery practice. Evidence-based, collaborative improvement initiatives are encouraged that address LHD priorities and include supplementary support from relevant clinical unit(s) or partners.

Applications close Monday 3 April 2023.



HNE Health Libraries records, edits and provides access to a variety of education sessions, so you can view them at a time that suits you, including:

[JH Staff Information broadcasts...](#)
[JH Medical Grand Rounds presentations...](#)

[Mater Medical Grand Rounds...](#)
[Manning Grand Rounds...](#)
[Mater Psychiatry Grand Rounds...](#)
[Paediatric Grand Rounds...](#)
[Surgical education...](#)
[Online meditation...](#)

PUBMED update: PROXIMITY SEARCH now AVAILABLE in PUBMED

The National Library of Medicine (US) recently announced that proximity search capabilities have been added to PubMed. Users can now search for multiple terms appearing in any order within a specified distance of one another in the [Title] or [Title/Abstract] fields. Find out more in the [PubMed User Guide](#) or [PubMed Proximity FAQs...](#)

WATCH TUTORIAL: [Proximity Searching in PubMed](#)



The 45 and UP STUDY – 15 YEARS on



Managed by the Sax Institute, the '[45 and Up Study](#)' is Australia's largest ongoing study of healthy ageing, having followed over 250,000 people aged over 45 years in NSW since 2005. The latest issue of [Public health research & practice](#) showcases papers exploring how the long-running study has impacted health policy and practice, and future opportunities it offers. It also includes a [narrative review from Professor Julie Byles \(University of Newcastle\)](#).

FREE MULTIMEDIA RESOURCES



If you're a visual learner, then the multimedia resources available on CIAP – via Access Medicine – could be a valuable addition to your training schedule. The list of options is long – [so best have a look for yourself](#) – but it includes: auscultation classroom, diagnostic and imaging studies, patient interviews, physical exams and procedural videos...

MYOPERICARDITIS after COVID-19 mRNA VACCINATION among ADOLESCENTS and YOUNG ADULTS

This recent systematic review and meta-analysis investigated the clinical features and early outcomes associated with myopericarditis after COVID-19 mRNA vaccination in a heterogeneous population of adolescents and young adults.

SOURCE: Yasuhara, J. et al. (2022) Myopericarditis after COVID-19 mRNA vaccination among adolescents and young adults: a systematic review and meta-analysis. *JAMA paediatrics*, published online Dec 5. doi: 10.1001/jamapediatrics.2022.4768

Available via CIAP—[Easy access using Library membership](#)



The COVID-19 PANDEMIC: a GRAPHIC narrative

Doctor, and comic creator, Monica Lalanda has published a graphic narrative about the COVID pandemic in a recent issue of *Annals of internal medicine*.



SOURCE: Lalanda, M. (2022) [Annals Graphic Medicine - The COVID-19 pandemic: a graphic narrative](#). *Annals of internal medicine*, published online Nov 22. doi: 10.7326/G22-0019



Click the

EMPATHY 101: ESSENTIALS for DOCTORS



In the current issue of (MJA)*Insight+*, medical educator Dr Lilon Bandler considers the topic of empathy training for doctors. "What is and how do we teach empathy?" and "How should (could) we assess empathy?" [Read more...](#)

Read now

You might also find this new ebook interesting: [Dignity in care: the human side of medicine](#)

EFFECTIVENESS of CLADRIBINE tablets for MS

An international collaboration of researchers found that cladribine tablets, an oral disease-modifying treatment (DMT) for multiple sclerosis, were associated with a significantly greater real-world treatment persistence and more favourable relapse outcomes than all oral DMT comparators.

SOURCE: Spelman, T. et al. (2022) [Comparative effectiveness of cladribine tablets versus other oral disease-modifying treatments for multiple sclerosis: results from MSBase registry](#). *Multiple sclerosis*, published online Nov 26. doi: 10.1177/13524585221137502

LOCAL RESEARCH

CIAP WORKING GROUP



CIAP are seeking nominees with nursing and midwifery

backgrounds to participate in a working group to evaluate alternative nursing and midwifery resources on CIAP – specifically Lippincott Nursing Procedures and Advisor, Clinical Key Nursing, and Nursing Reference Centre. Meeting will be conducted online and recorded to allow those who can't attend on the day to view the discussion.

[Contact Marie Pryor](#) (CIAP Manager, Clinical Applications Services, Service Delivery) for more information.

LOCAL RESEARCH



MIND the GAP, ABORIGINAL and TORRES STRAIT ISLANDER cardiovascular health

The key purpose of this review by local authors is to highlight the deficiencies in our knowledge of cardiovascular burden of disease for First Nations People; and to serve as a catalyst for more dedicated research. Involving First Nations People researchers in collaboration with local communities, in all levels of health care design and intervention, will improve outcomes.

SOURCE: Michael McGee, Lauren Shephard, Stuart Sugito, David Baker, Stephen Brienese, Mohammed Al-Omary, Rhian Nathan-Marsh, Doan T M Ngo, Patrick Oakley, Andrew Boyle, Gail Garvey & Aaron Sverdlov (2022) Mind the gap, Aboriginal and Torres Strait Islander cardiovascular health: a narrative review. *Heart, lung & circulation*, published online Nov 3. doi: 10.1016/j.hlc.2022.09.017

Available via CIAP—[Easy access using Library membership](#)

TRANSFORMING the DECORATIVE into DISSENT

Just before receiving residential treatment for OCD, Rachel May found she couldn't write, and used quilting and embroidery to express her feelings instead. This article from the Wellcome Collection details how other women from history – who had no other way to tell their stories – have also turned to stitching to protest. [Read more...](#)

BORROW: [Agnes's jacket: a psychologist's search for the meanings of madness](#) — and read about Agnes Richter, a German seamstress from the Victorian-era, who stitched a mysterious autobiographical text into every inch of the jacket she created from her asylum uniform.

(Quote from the intro):

"Despite every attempt to silence them, hundreds of other patients have managed to get their stories out, at least in disguised form... This book offers support for a new model for understanding 'mental illness' - one that asks not 'what's wrong with you' but 'what happened to you and how did you manage to survive?'"

COMING SOON: *Knitting, tatting & nervous breakdowns* by local author Alison Bryson.



SUGGESTIONS PLEASE...



The staff of HNE Health Libraries value your input. If you have ideas for topics, suggestions for improvement or feedback, we'd love to hear from you.

Please [email us](#)

HOW PHYSIOS and OTs are helping LONG COVID sufferers

While there is no "one size fits all" treatment for long COVID, there is increasing recognition of the importance of allied health professionals such as physiotherapists and occupational therapists in providing treatment for people throughout various stages of COVID. These experts can tailor exercise training, breathing techniques and ways to manage fatigue safely, to help people get back to their normal roles and routines. [Read more in The Conversation...](#)

REVIEW: LONG COVID in AUSTRALIA










[This review from the AIHW](#) investigates the impact of long COVID in the Australian context. The authors found:

- around 5–10% of COVID-19 cases in Australia reported symptoms persisting for more than 3 months
- up to Sept 2022, most long COVID research has been conducted outside Australia, using pre-Omicron data
- two COVID-19 vaccination doses are associated with a 13–47% lower risk of symptoms persisting beyond 4 weeks

MJA CHRISTMAS COMPETITION

The winning entry in the annual MJA Christmas competition includes local talent (and an offbeat topic): a new faecal assessment scale based on chocolate! The Bristol Stool Scale is used widely to assess changes in stool form that indicate diarrhoea or constipation. The stool form score is correlated with objective measures of colonic transit. Children, however, may not understand the scale as well as adults do, so the proposed alternative has merit, despite being somewhat disturbing...

SOURCE: Eslick, G. & Eslick, E. (2022) The Paediatric Aussie Chocolate Poo Scale. *MJA*, 217(11), 591–592
Available via CIAP—[Easy access using Library membership](#)

Type 1		Maltesers
Type 2		Picnic
Type 3		Chokito
Type 4		Boost
Type 5		Peanuts
Type 6		Flake
Type 7		Melted chocolate

SEE ALSO (One of the runner-ups): Gaertner, V. et al. (2022) "Harry Potter and the Multitudinous Maladies": a retrospective population-based observational study of morbidity and mortality among witches and wizards. *MJA*, 217(11), 592–597
Available via CIAP—[Easy access using Library membership](#)
Did you know that 603 wizards & witches in the Potter books experienced 1541 maladies/injuries, & 131 died?

LOCAL RESEARCH

Gangadharan, S. et al. (2022) Rural versus metropolitan comparison of processes of care in the community-based management of TIA and minor stroke in Australia (an analysis from the INSIST study). *Australian journal of rural health*, published online Nov 16. doi: 10.1111/ajr.12950
Available via CIAP—[Easy access using Library membership](#)

Gleadhill, C. et al. (2022) [Physiotherapists' opinions, barriers, and enablers to providing evidence-based care: a mixed-methods study](#). *BMC health services research*, 22(1), 1382

Slater, K. et al. (2022) Primary and secondary cardiovascular disease prevention interventions targeting lifestyle risk factors in women: a systematic review and meta-analysis. *Frontiers in cardiovascular medicine*, 9

Doherty, E. et al. (2022) [The effectiveness of implementation strategies in improving preconception and antenatal preventive care: a systematic review](#). *Implementation science communications*, 3(1), 121

Hawkins, N. et al. (2022) A conflicted tribe under pressure: a qualitative study of negative workplace behaviour in nursing. *Journal of advanced nursing*, published online Nov 17. doi: 10.1111/jan.15491
Available via CIAP—[Easy access using Library membership](#)

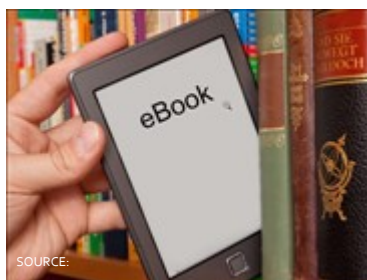
Hlaing-Hlaing, H. et al. (2022) [Alternative Healthy Eating Index-2010 and incident non-communicable diseases: findings from a 15-year follow up of women from the 1973-78 cohort of the Australian Longitudinal Study on Women's Health](#). *Nutrients*, 14(20), 4403

Best of five MCQS for the European Specialty Exam in [gastroenterology & hepatology](#)

Read now



NEW EBOOKS are now AVAILABLE



Hover over the 'Resources' tab on the [library website](#) – then click "New resources" to view our latest ebook purchases.

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Access to ebooks while onsite within HNEH is as easy as clicking a link. Remote access is available to HNEH Libraries members using their username (same as membership no.) / password. If you can't remember either of them—you can reset your password using your email address.

If you're not yet a library member—[just fill in the online form...](#)



HNE HEALTH LIBRARIES CAN...

- Help you ask the right questions
- Assist you in selecting the right sources of evidence
- Teach you how to effectively use a range of databases and other evidence-based resources
- Explain how to identify and critically appraise evidence

CHECK [OPENING HOURS](#)

SEARCH [THE CATALOGUE](#)

RENEW [YOUR LOANS](#)

VIEW RECENT [HNE HEALTH PUBLICATIONS](#)

While you can no longer visit us in person at many HNE Health sites, access to library services and resources are still available—via phone, email or by [visiting the website](#). We can also support your research, education and training needs via Teams or Zoom.

CONTACT DETAILS:

TAMWORTH

UDRH Education Centre
Tamworth Hospital
Telephone: (02) 676 77986
E-mail: HNELHD-TamworthLib@health.nsw.gov.au

THE MATER

Level 4, Mental Health Admin Building.
The Mater Hospital, Waratah
Telephone: (02) 403 35075
E-mail: HNELHD-MaterLibrary@health.nsw.gov.au

RNC (JHH)

("Quiet space" available for staff use in Resource Room 3)

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